What Happens Next?

An Early Help Family Support Assessment will be completed about you and your family and submitted to our service. A duty manager will gather further information from partner services about you and your family to identify all of your needs.

They will then decide which service/s will best suit your level of need and allocate a dedicated worker to your family or suggest other services that can help.

You and your family's views will be at the centre of any plans made and your contribution will be valued at all stages of the intervention.

Frequently asked questions

Who can access Early Help?

All families that live within Southend Borough Council boundaries

What is a 'family'?

At least one adult and one child who live at the same address

Who will you work with in my family?

All family member's needs will be accessed and additional support will be agreed with individual members

Early Help Family

Support Service

Helping to improve Families lives

For further information about our services, if you need support please contact:

Early Help Family Support Service Civic 2 Victoria Avenue Southend-on-Sea Essex SS2 6ER

> **Telephone** 01702 215783

Email earlyhelpcontactpoint@southend.gov.uk

> Website: www.southend.gov.uk

The Duty Manager is also available for families and professionals to seek advice.

If you, or someone you know, would like this information in another language or other format such as Braille or on CD: Please contact 01702 534600

Practitioner Name:

Mobile No:





ELP Family Support



Together we can make a difference

How Can We Help You?

What is Early Help Family Support?

Early Help is a service that provides your family with support when additional needs are identified. This will help your family access the right service when you need it. This may prevent the challenges your family faces becoming a crisis.

We understand that all families are different and can face many challenges. Sometimes it is difficult to know which way to turn. We can offer advice and guidance on what may help your family.

We can help to raise young people's aspirations and achievements, ensure they have the opportunities they need for inclusion, facilitate their participation in decision making that affects their lives and strive for excellence in the services we provide for them.

We can help you to achieve?

- Access to the correct health services for your needs
- Better family and wider relationships
- Parenting advice and guidance
- Attending and achieving in school
- Work and benefits

Cont...

- Support for substance misuse
- Access to community services

What can we provide?

- A single point of referral with access to a variety of support services
- A dedicated worker to work along side your family to support you to turn your family
- An Action Plan to help you to make the right choices now to bring about change in your life
- Advice, guidance and motivation
- An individual approach to provide support specifically to your family
- A chance to make plans for the future and work towards them



Why Early Help?

Southend Borough Council has been providing support for families for many years and has a workforce of experienced practitioners who are ready to offer your family the assistance they need to improve the family's quality of life.

How do you request Early Help Family Support for your child and family?

You can access our services by speaking to:

- Your child's school or setting
- Children centres
- Health visitor
- Doctors
- Midwife

Alternatively you can call 01702 215783 and speak to a duty worker who will take all of your details or you can come to our office and speak face to face with someone to discuss your needs further.